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June is

POP Awareness Month

Are you experiencing?  
  
Tissues bulging from Vagina Chronic Constipation  
Urinary Incontinence  
Fecal Incontinence  
Vaginal Pressure  
Rectal Pressure  
Tampons Push Out  
Pain with Intimacy  
Lack of Intimate Sensation  
  
Women rarely talk about the symptoms of pelvic organ prolapse out loud. Isn’t it time to lift the shroud of silence?   
  
Head to   
[APOPS](http://www.pelvicorganprolapsesupport.org/)  
for more information about pelvic organ prolapse.

YOU ARE INVITED!

WHEN:

WHERE:

ASSOCIATION FOR PELVIC ORGAN PROLAPSE SUPPORT IS A 501(C)(3) NONPROFIT.   
 EVENT FEES SUPPORT APOPS EFFORTS TO ADVANCE POP AWARENESS.

Empower Logo

Description automatically generatedWomen

\*50% of Women Experience Pelvic Organ Prolapse

\*Childbirth and Menopause are the leading causes of POP

Join us as we support APOPS efforts to increase awareness of  
*Biggest Secret in Women’s Health.*